



# FALL Newsletter 2009

**Child Care  
Resource &  
Referral -  
Region K  
serving  
Asotin/  
Whitman  
Counties**

## What's Happening at CCR&R.....

We have moved! Our offices are now located at **Smith Gym Room 113 C** on the WSU Campus. A special thank you to our "old home" ~ the WSU Children's Center, Mary Ellen Radziemski, Kim and Sandi and the entire staff for all their support over the years!

Our office hours are Monday through Friday 9:30am-2:30pm, however staff may be out at meetings at times, so please feel free to call and leave a message or e-mail us and we will get back to you as soon as we can!

Congratulations to MORE recent CDA (Child Development Associate) and Degree Recipients of our area:

**Beckie McKee**

CDA  
Toddler teacher  
Sunnyside Pre-School & Child Care

**Kelly Chalmers**

CDA/ECED 230 from SFCC  
Head Start ages 3-5  
Community Child Care Center

**Stephanie McKee**

CDA  
Sunnyside Pre-school and Child Care

For more information about how you can receive your CDA and for scholarship information, contact our office!

## **Flu Season is here!!!!**

As another school year—and another flu season—begins, the Centers for Disease Control and Prevention (CDC) is offering simple tips on hand washing. Hand washing is one the easiest and most effective ways to keep from getting sick and spreading germs. The CDC recommends that students and staff wash their hands often with soap and water, especially after sneezing or coughing.

Visit <http://www.cdc.gov/cleanhands/> for information about how and when to wash hands. Did you know that you should rub your hands together with soap for 20 seconds (as long as it takes to sing "Happy Birthday" twice) before rinsing?

If soap and water are not available, the CDC recommends using alcohol-based hand sanitizers. A reminder that state rules require licensed child care providers to keep over-the-counter medications (which includes hand sanitizers) stored inaccessible to children. Hand sanitizers must be used according to the manufacturer's label and under appropriate adult supervision. As with any over-the-counter medication, child care providers must have written permission from parents or guardians to use it.

For more information on flu prevention and planning, visit

<http://www.del.wa.gov/development/health/flu.aspx>

To stay up to date with current flu conditions—visit [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu) or contact your local Health Department if you have questions:

Whitman County Health Department(509) 332-6752 ~ Pullman (509) 397-6280 Colfax~  
Asotin County Health Department 509-758-3344

Be sure your Referral information is up to date!

Call Chelsea at  
Provider Services

1-800-446-2229

or 509-482-0996

to do your Full Update!



## Craft Corner

### 3D PUMPKINS (OR APPLES)

#### What you'll need

- colored tissue paper
- glue
- Pencils
- Printout of pumpkin



#### Directions

Great for just about any age! Cut up tissue paper into small squares (about 2in. by 2in). Give each child a copy of a pumpkin on white paper and some pieces of the tissue paper. Take the eraser end of a pencil, twist the tissue paper around the end and dip it in glue. Then place it on the pumpkin so that the paper is standing up. Once the whole pumpkin is covered you have a 3D pumpkin. Make a pumpkin patch board and these look great! You can also do these with apples, and make an apple tree!

## Pullman School District

### Child Find

### Early Childhood Developmental Screening

**WHO:** Children - Birth through 5 years of age who reside in the Pullman School District and children age 6-21 who may have a developmental delay.

**WHAT:** This screening is an opportunity to review your child's development and to address potential concerns.

**WHEN:** Friday mornings:  
September 11, October 2, November 6, January 8 (no school on Jan. 1)  
February 5, March 5, April 9 (no school on Apr. 2)  
8:30 am - 10:30 am  
Appointments scheduled on the half hour until 10:00

**WHERE:** Community Child Care Center/Head Start  
530 NW Larry  
Pullman, WA

**CONTACT:** Call Paula Bates at the Pullman School District office at 332-3144 for more information or to schedule an appointment.

### Hib Vaccine Required for Children

In February of 2008, the State Board of Health temporarily suspended the requirement of the Haemophilus influenza type b (Hib) booster vaccine due to a national shortage of the vaccine. As of July 1, 2009, the Hib supply has improved enough to reinstate a booster dose. According to the State Board of Health's reinstatement procedures, any eligible child between the ages of 12 and 15 months will again be required to have a booster dose of Hib vaccine by September 28, 2009, in order to attend child care facilities and preschools. Any eligible child of this age without a booster dose of Hib vaccine after September 28, 2009, will be out of compliance with state law.

A letter from Dr. Maxine Hayes, Washington State Health Officer--and a detailed implementation plan to help child care facilities and preschools comply with reinstatement of the Hib vaccine booster dose requirement--are being mailed to child care centers and preschools around the state and can be found on the Immunization Program CHILd Profile's Web site at [www.doh.wa.gov/cfh/immunize/schools/vaccine.htm](http://www.doh.wa.gov/cfh/immunize/schools/vaccine.htm).

The updated Hib vaccine implementation plan is also included in Section 1.3 of the Immunization Manual for Schools, Preschools and Child Care Facilities at [www.doh.wa.gov/cfh/immunize/schools/chapter1.htm](http://www.doh.wa.gov/cfh/immunize/schools/chapter1.htm).



## CONFERENCES/TRAININGS

Children First  
"Mini-Conference"!

**Saturday,  
October 17th,  
2009**

**REGISTRATION  
FULL!**

**4.5 STARS Hours**

Call our office for  
registration information!

**Space is limited!!!**

Need Forms or Policy info?  
visit the DEL website at:  
[www.del.wa.gov](http://www.del.wa.gov)

### Whitman County Health District

Offers HIV/Aids Training on DVD  
Check out is \$10 for 2 days  
Return the DVD and schedule a time  
to take the test.  
Certificate of completion will be  
mailed to you  
Call to confirm DVD availability and  
to schedule testing times  
Pullman 509-332-6752  
Colfax 509-397-6280

### HIV/Aids Training

11/17  
6:30 to 9:30pm  
Contact Asotin County Health  
District to register.  
509-758-3344

### 20 Hour STARS Basic Training for Family Home Providers

Contact our office to check  
out the DVD's to complete  
your licensing requirement.

\$150 +\$50 Deposit (returned when  
all DVDs returned.) Scholarships  
available through WA STARS.

Call our office for more details.

### **CPR/FIRSTAID CLASSES**

American Red Cross

509-332-2304

Pullman Fire Dept.

509-332-8172

Colfax Fire Dept.

509-397-3416

Asotin Co. Health Dist.

509-758-3344

### STARS HOURS AVAILABLE!

Come celebrate the accomplishments of our faculty and students at the annual College of Education [Scholarship & Excellence celebration](#) on WSU's Homecoming weekend, Oct. 9 and 10 in Pullman. Friday's schedule includes **free seminars** by experts on cyber-bullying, college success and parenting. (FYI: There is no public school in Pullman on October 9th)

**10/09/2009** – Seminar with  
**Garren Shannon**  
10:30–11:30 am  
**Cyber Bullying**

Presentation by **Garren Shannon**  
Director of Information Systems,  
Pullman School District No. 267

**10/09/2009** – Seminar with **Bob Craves**  
1:30–2:30 pm  
**College Success Foundation Ins and Outs**

Presentation by **Bob Craves**  
Chair and CEO,  
College Success Foundation

**10/09/2009** – Seminar with **Mac Bledsoe**  
3:00–4:30 pm  
**21st-Century Children -- Tools for Getting Beyond Crisis Management**

Presentation by **Mac Bledsoe**  
President and Founder,  
Parenting with Dignity

To register go to this link: <http://education.wsu.edu/eventsignup/signup>

Or CALL: 509-335-1738

## DEL NEWS

### New on [www.del.wa.gov](http://www.del.wa.gov)

New on DEL's Web site this month:

An updated, streamlined page with information on orientation sessions for those interested in becoming

a licensed child care provider:

[www.del.wa.gov/requirements/info/orientation.aspx](http://www.del.wa.gov/requirements/info/orientation.aspx)

The latest information on our state's efforts to create

an early learning plan.

[www.del.wa.gov/partnerships/elac/elp.aspx](http://www.del.wa.gov/partnerships/elac/elp.aspx)

A new section on the Foundation for Early Learning's

work:

[www.del.wa.gov/partnerships/coalitions/fel.aspx](http://www.del.wa.gov/partnerships/coalitions/fel.aspx)

Also, a reminder that as back-to-school time approaches,

the DEL Web site includes information and tips on how to help your child start kindergarten ready to succeed. Visit [www.del.wa.gov/development/kindergarten/readiness\\_tips.aspx](http://www.del.wa.gov/development/kindergarten/readiness_tips.aspx)

And, visit [www.del.wa.gov/development/safety/recalls.aspx](http://www.del.wa.gov/development/safety/recalls.aspx)

for the latest product safety notices relating to toys and children's items.

### WHAT PRODUCTS MUST BE STORED INACCESSIBLE TO CHILDREN?

Recently, family home child care licensors have been asked why a particular dish soap needed to be stored inaccessible to children since it was not labeled as a toxic product. This is an excellent question!

The family home child care regulations require certain products to be stored "inaccessible to children", which means they must be stored in such a way that it is impossible for children to reach or use them. According to WAC 170-296-0820(1) the following items must be stored inaccessible to children:

- Cleaning supplies
- Toxic or poisonous substances
- Aerosols
- Items with warning labels
- Cosmetics
- Personal hygiene products

Because dish soap falls into the category of cleaning supplies, it is one of those items that must be stored inaccessible to children, regardless of whether or not it is labeled "toxic" or "keep out of reach of children".

\*Here are some examples of additional items that would need to be stored inaccessible to children:

- Sanitizing products such as bleach solutions
- Cleaning products for floors, ovens, tubs, tiles and toilets
- Anything in an aerosol (spray) can
- Anything with a warning label such as "Caution", "Poison", or "Keep Out of Reach of Children"
- Make-up, hair gel, perfumes
- Deodorant, toxic shampoo, mouthwash

## Consulting Services for Providers

We are offering **FREE** on-site Consultations to Child Care providers and Staff!

Have you ever needed or desired:

\*New ideas regarding your child care environment?

\*To enhance or change your curriculum & activities?

\*To improve your communication skills with families?

\*Help with the business-end of child care?

\*Technical assistance for optimally using your computer for communication and book-keeping?

\* To assist staff with CDA, Training, or Community College Education Plans?

- We can offer on-site consultations for all aspects of your child care business! Experienced consultants will come to you. To request an on-site consultation, or for more information call Kristi or Val at 509-335-7625 or email us at: [crr@wsu.edu](mailto:crr@wsu.edu)

# Building Bridges with Higher Education Infant/Toddler Caregiving Winter 2010

Watch for registration information soon for the Infant Toddler Caregiving educational modules to be offered through the Building Bridges program @ the Pullman campus of Spokane Falls Community College in Gladish Community Center.

- Receive 3 college credits and 30 STARS hours for attending all three modules.

These modules are designed for caregivers working with children in the first three years of life. Caregivers will explore how to create safe, nurturing, predictable and culturally responsive environments to support social, emotional, physical and intellectual development in the earliest years. This course also meets the AAS course requirements for Infant/Toddler Care Education.

Contact our office to receive information about this great opportunity.

Building Bridges is Funded by:



If you have staff that want to receive training information.

Have them email

[ccrr@wsu.edu](mailto:ccrr@wsu.edu)

to receive monthly

updates on

area trainings and

CDA and Higher Education

opportunities.

Do you have specific training needs for your staff? Contact our office to schedule an on-site consultation and we can build a training just for you!

Our on-site consultants are ready to visit you and observe your staff and see where we can boost their enthusiasm for teaching, assisting with behavior issues, or preparing and teaching curriculum.

Call our office 509-335-7625 to schedule a consultation today!

14th Annual  
Children First "Mini" Conference  
"Leading, Learning, Playing"  
Saturday, October 17, 2009  
LCSC Campus, Lewiston, ID

Registration FULL!

**Don't miss a 2 Hour STARS Training with Claire Yenish on Oct. 6th in Pullman.  
"Creating FUN ways to teach healthy nutrition to kids!"**

Call or e-mail our office to register for Claire's training or ask about other trainings,  
or go to the STARS website  
[www.https://apps2.del.wa.gov/stars](http://www.https://apps2.del.wa.gov/stars)  
for other training opportunities.



**WSU Child Care Resource & Referral—Region K**

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**Smith Gym Room 113 C**

**Pullman, WA 99164-1410**

**(509) 335-7625/(800) 440-2277**

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